

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Ashchurch Menu Autumn 2017

caterlink
feeding the imagination

| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|------------|---|--|---|---|--|
| W E E K 1 4.9.17 25.9.17 16.10.17 13.11.17 4.12.17 | Main | Sausages with Mashed Potato and Gravy | Chicken Tikka & Rice | Roast Gammon with Roast Potatoes and Gravy | Organic Beef Mince Cottage Pie | MSC salmon fishcake with Chips |
| | Vegetarian | Vegetable Cottage Pie with Mashed Potato Topping | Sweet & Sour Vegetables with Rice | Vegetable pasty with Roast Potatoes and Gravy | Quorn Sausage with Mashed Potato and Gravy | Roasted Vegetable fajita Wrap |
| | | Jacket Potato with Beans | Jacket Potato with Cheese | Jacket Potato with Tuna mayo | Jacket Potato with Beans | Jacket Potato with Cheese |
| | Dessert | Cauliflower Peas Plum & Vanilla Oaty Crumble with Custard Yoghurt Fresh Fruit Platter | Carrots Green Beans Banana Cake & Custard Yoghurt Fresh Fruit Salad | Savoy Cabbage Swede Chocolate sponge with chocolate icing Yoghurt Fresh Fruit Platter | Sweet corn Carrots Apple Pie & Custard Yoghurt Fresh Fruit Salad | Baked Beans Garden Peas Flapjack Yoghurt Fresh Fruit Chunks |
| W E E K 2 11.9.17 2.10.17 30.10.17 20.11.17 11.12.17 | Main | Beef Burger in a bun with Jacket Wedges | Chicken Neapolitan pasta | Roast Turkey with Roast Potatoes and Gravy | Organic Beef Mince Tortilla Stack | MSC Fish Fingers with Chips |
| | Vegetarian | Bean & vegetable Hotpot with Jacket Wedges | Macaroni Cheese with Garlic Slice | Mixed Vegetable Loaf with Roast Potatoes and Gravy | Vegetable Pasta Bolognese | Cheese & Tomato Quiche with Chips |
| | | Jacket Potato with Beans | Jacket Potato with Cheese | Jacket Potato with Tuna Mayo | Jacket Potato with Beans | Jacket Potato with Cheese |
| | Dessert | Coleslaw Sweet corn Pineapple Upside Down Cake with Custard Yoghurt Fresh Fruit Platter | Broccoli Carrots Lemon Mixed Berry cake & Custard Yoghurt Fresh Fruit Chunks | Carrots Green Beans Vanilla Shortbread Fresh Fruit Salad | Roasted Mixed Vegetables Eves Pudding with Custard Yoghurt Fresh Fruit Platter | Baked Beans Garden Peas Chocolate Brownie Yoghurt Fresh Fruit Chunks |
| W E E K 3 18.9.17 9.10.17 6.11.17 27.11.17 18.12.17 | Main | BBQ Chicken Pizza with Jacket Wedges | Organic Beef Mince Chilli with Rice | Roast Chicken with Stuffing with Roast Potatoes and Gravy | Organic Beef Mince Pasta Bolognese | MSC or Battered Fish with Chips |
| | Vegetarian | Vegetable torilla Stack | Lentil & Sweet Potato Curry with Rice | Vegetable Wellington with Roast Potatoes and Gravy | Cheese Tomato Pizza with Wedges | Spanish Omelette with Chips |
| | | Jacket Potato with Beans | Jacket Potato with Cheese | Jacket Potato with Tuna Mayo | Jacket Potato with Beans | Jacket Potato with Cheese |
| | Dessert | Sweet corn Mixed Peppers Ear Sponge with Custard Yoghurt Fresh Fruit Platter | Green Beans Glazed carrots Apple Crumble & Custard Yoghurt Fresh Fruit Salad | Savoy Cabbage Sweetcorn Chocolate Crunch Yoghurt Fresh Fruit Chunk | Broccoli Mixed Salad Jam Sponge with Custard Yoghurt | Garden Peas Baked Beans Lemon drizzle cake Yoghurt |



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt